

Welcome from Revd Jan Moore

An Opening sentence from the Book of Common Prayer

To the Lord our God belong mercies and forgiveness, though we have rebelled against him: neither have we obeyed the voice of the Lord our God, to walk in his laws which he set before us

Dearly beloved, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy. And although we ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are gathered, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace, saying after me:

Confession

Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, according to thy promises declared unto mankind in Christ Jesu our Lord: and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. **Amen.**

Absolution

May the Father of all mercies Cleanse us from our sins and restore us in His image, to the praise and glory of His name, through Jesus Christ our Lord.
Amen.

Responses

Priest. O Lord, open thou our lips.
Answer **And our mouth shall shew forth thy praise**

Priest O God, make speed to save us.
Answer. **O Lord, make haste to help us**

Priest: Glory be to the Father, and to the Son, and to the Holy Ghost;
Answer. **As it was in the beginning, is now, and ever shall be, world without end. Amen**

Priest. Praise ye the Lord.
Answer. **The Lord's Name be praised.**

Venite, Exultemus Domino (Psalm 95)

O come, let us sing unto the Lord :
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving :
and show ourselves glad in him with psalms.
For the Lord is a great God :
and a great King above all gods.
In his hand are all the corners of the earth :
and the strength of the hills is his also.
The sea is his, and he made it :
and his hands prepared the dry land.
O come, let us worship and fall down :
and kneel before the Lord our Maker.
For he is the Lord our God :
and we are the people of his pasture, and the sheep of his hand.
Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
world without end. **Amen.**

First reading (Old Testament) - Jonah 3: 1-5, 10

Then the word of the Lord came to Jonah a second time: ² "Go to the great city of Nineveh and proclaim to it the message I give you." ³ Jonah obeyed the word of the Lord and went to Nineveh. Now Nineveh was a very large city; it took three days to go through it. ⁴ Jonah began by going a day's journey into the city, proclaiming, "Forty more days and Nineveh will be overthrown." ⁵ The Ninevites believed God. A fast was proclaimed, and all of them, from the greatest to the least, put on sackcloth. ¹⁰ When God saw what they did and how they turned from their evil ways, he relented and did not bring on them the destruction he had threatened.

Psalm of the day (Psalm 113)

¹ Praise the Lord. ² Praise the Lord: you his servants praise the name of the Lord.
² Let the name of the Lord be praised: both now and forevermore.
³ From the rising of the sun to the place where it sets: the name of the Lord is to be praised.
⁴ The Lord is exalted over all the nations: his glory above the heavens.
⁵ Who is like the Lord our God: the One who sits enthroned on high,
⁶ Who stoops down to look: on the heavens and the earth?
⁷ He raises the poor from the dust: and lifts the needy from the ash heap;
⁸ He seats them with princes: with the princes of his people.
⁹ He settles the childless woman in her home: as a happy mother of children.
Praise the Lord.
Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be: world without end. Amen

Second reading (New Testament) - John 3: 16-21

¹⁶ For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. ¹⁷ For God did not send his Son into the world to condemn the world, but to save the world through him. ¹⁸ Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son. ¹⁹ This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. ²⁰ Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. ²¹ But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.

Jubilate Deo - Psalm 100

O be joyful in the Lord, all ye lands : serve the Lord with gladness, and come before his presence with a song.

Be ye sure that the Lord he is God : it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

O go your way into his gates with thanksgiving, and into his courts with praise : be thankful unto him, and speak good of his Name.

For the Lord is gracious, his mercy is everlasting : and his truth endureth from generation to generation.

Glory be to the Father, and to the Son : and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Apostles' Creed

I believe in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried:

He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; The holy Catholick Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. **Amen.**

Minister. The Lord be with you.

Answer. **And with thy spirit.**

Minister. Let us pray. Lord, have mercy upon us.

Answer. **Christ, have mercy upon us**

Minister Lord, have mercy upon us.

The Lord's Prayer

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. **Amen.**

Responses

Minister. O Lord, shew thy mercy upon us.

Answer. And grant us thy salvation.

Minister. O Lord, save the Queen.

Answer. And mercifully hear us when we call upon thee.

Minister. Endue thy Ministers with righteousness.

Answer. And make thy chosen people joyful.

Minister. O Lord, save thy people.

Answer. And bless thine inheritance.

Minister. Give peace in our time, O Lord.

Answer. Because there is none other that fighteth for us, but only thou, O God.

Minister. O God, make clean our hearts within us.

Answer. And take not thy Holy Spirit from us.

BCP Collect for the 3rd Sunday of Epiphany

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities stretch forth thy right hand to help and defend us, through Jesus Christ our Lord. **Amen.**

Collect, for Peace

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

Collect, for Grace

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

Reflection - for the 3rd Sunday of Epiphany

Intercessions

The Blessing

The love of the Lord Jesus draw you to Himself,
The power of the Lord Jesus strengthen you in His service,
And the blessing of God Almighty,
The Father the Son and the Holy Spirit,
Be among us and remain with us always,
Amen.

Intercessions for BCP audio 3rd Sunday of Epiphany

Creator God you sent your prophets to speak to those who would listen to your wisdom, and you sent your Son Jesus into the world to heal bodies, minds and spirits. At your command the sick were made well. Come to our aid now, in these sad and difficult times as we continue to heal the ills of our current Pandemic.

Heal us too from the selfish fears which prevent nations from working together. Aid leaders to act with true concern for the well-being of the whole world. Help us to share knowledge and vaccines, to collaborate on climate change and to seek the common good across all diversity. We pray especially for President Joe Biden and Vice President Kamala Harris as they seek to rally their own nation to a period of healing and reconciliation.

Lord we look around the world Lord and see much suffering... We pray
For places in the grip of conflict, greed, poverty, starvation, drought, fire or flood.
For those in our own country who are homeless and jobless. struggling to put food on the table for their children...struggling to manage home schooling... struggling with domestic abuse... struggling with loss and grief... struggling with isolation. So much struggle Lord....

As we think of the people of Nineveh, whom you saved because they recognised their need of you, help us to recognise our need of you and to spread that message to those whose arrogance or ignorance blinds their need.

And we pray too for individuals known to us personally who are physically or mentally sick at this time. For those who have recently lost loved ones and those whose medical treatments are put on hold. As we pray too for all those whose commitment to NHS care is leaving them exhausted and fearful.

We remember those whose earthly life has recently ended and pray for their departed souls. In this time of uncertainty and distress sustain and lift up all those for whom we have prayed, that we may rejoice in your comfort, knowing that nothing can separate us from your love. in Jesus name. Amen